



2006

INSTITUTE FOR MUSIC AND NEUROLOGIC FUNCTION  
*A Member of the Beth Abraham Family of Health Services*

*The Institute for Music and Neurologic Function  
Welcomes you to the*



***Honoring***

*Dr. Oliver Sacks*

***Host***

*Rafael Pi Roman*

***Starring celebrity performers and presenters\****

*Lisa Edelstein*

*Timothy Fain*

*Patty Griffin*

*Dustin Hoffman*

*Rob Thomas*

*Jourdan Urbach*

*The Allen Room, Frederick P. Rose Hall  
Jazz at Lincoln Center*

*\* at press time*



# For Immediate Release

**2006 Music Has Power™ Awards  
Featuring Performances By Rob Thomas,  
Patty Griffin, Timothy Fain**

**Honoring Acclaimed Neurologist and Author  
Dr. Oliver Sacks**

**September 20, 2006 (New York, NY)** – On November 6, 2006 The 6th Annual Music Has Power Awards benefit will once again return to the Allen Room, Frederick P. Rose Hall, home of Jazz at Lincoln Center. The awards show is presented by The Institute for Music and Neurologic Function (IMNF), a member of the Beth Abraham Family of Health Services and will be hosted by Emmy award-winning PBS Anchor **Rafael Pi Roman**. Actor **Dustin Hoffman** will be on site to present the award to honoree Dr. Oliver Sacks. Scheduled to perform at this year's star-studded event are Grammy-award winning singer/songwriter **Rob Thomas**, Grammy-nominated folk singer **Patty Griffin**, dynamic virtuoso violinist **Timothy Fain**, and fourteen year old violin prodigy and national concert artist **Jourdan Urbach**. Additional attendees include **Lisa Edelstein**, star of Fox's Emmy-winning "House."

This year, the IMNF is proud to honor renowned neurologist and author Dr. Oliver Sacks. "We celebrate his 40 years at Beth Abraham and honor his outstanding contributions in support of music therapy and the effect of music on the human brain and mind," said Dr. Concetta Tomaino, Executive Director of the IMNF.

Dr. Sacks has written extensively about his experiences and findings and in 1973, he penned the highly acclaimed book "Awakenings" based on his work at Beth Abraham Health Services. His literature was later adapted into the 1990 Oscar-nominated Hollywood movie, "Awakenings" for which Dr. Sacks was the inspiration for Robin Williams' character.

The **Music Has Power Award** was established six years ago to celebrate and recognize the significant accomplishments of the men and women who have brought new understanding to the use of the power of music to awaken and heal. Through this celebration, funds

raised will support music therapy programs, along with clinical and scientific research. Past sponsors have included Kettle One Vodka; MTV; NAMM, The International Music Products Association; Steinway & Sons; and VH1.

The 2006 Music Has Power event begins at 7 p.m. For tickets, sponsorship and journal tributes, please contact: Cheryl Burgos at (718) 519-5880. All tickets include admittance to a special VIP reception.

Founded in 1995 at Beth Abraham Health Services in The Bronx, the IMNF is unique in that it is driven by 35 years of clinical observations on the actual effects of music on different types of physical and neurological trauma. Directed by renowned music therapist Dr. Concetta Tomaino, with medical guidance from distinguished neurologist Dr. Oliver Sacks, its distinctive setting allows researchers to not only apply their theories, but to follow patient rehabilitation in the long term. The Institute actively collaborates with researchers and practitioners at other leading organiza-

tions to advance world progress in understanding and applying the power of music to promote healing and wellness. Some of the Institute's most promising research has been in the areas of music and language, memory, and recovery from nerve injury – leading to groundbreaking discoveries as to how music therapy can heal.

The Institute for Music and Neurologic Function is recognized internationally for its success in treating a variety of neurological conditions including strokes, trauma, dementia, Alzheimer's, and Parkinsons. Most recently, the IMNF has expanded its work in music therapy for childhood developmental conditions including autism.

#### **About the Institute for Music and Neurologic Function:**

The Institute for Music and Neurologic Function is a not-for-profit, 501(c)(3) organization and a member of Beth Abraham Family of Health Services. Through the scientific explorations of music and the brain,

# *For Immediate Release*

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it seeks to establish new knowledge and develop more effective therapies which awaken, stimulate and heal through the extraordinary power of music. For more information, visit [www.musicaspower.org](http://www.musicaspower.org).

**About Beth Abraham Family of Health Services:**

Founded in 1920, Beth Abraham Family of Health Services is a not-for-profit, continuing care organization established to care for poor, chronically ill and disabled adults of varying ages and backgrounds. In the forefront of continuing health care, Beth Abraham's services include four residential skilled nursing facilities, adult day health care programs, home care and AIDS home care, and independent housing facilities for the elderly and disabled. Beth Abraham sponsors the nation's largest Program of All-Inclusive Care for the Elderly (PACE) through Comprehensive Care Management (CCM). Its world-renowned Institute for Music and Neurologic Function is dedicated to

advancing scientific inquiry on music and the brain and to developing clinical treatments to benefit people of all ages. With more than 3,000 employees, Beth Abraham serves nearly 5,000 people daily and remains committed to making life better for people. For more information on Beth Abraham Family of Health Services, please visit [www.bethabe.org](http://www.bethabe.org).

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# *The Power of Music*

*Through the scientific explorations of music and the brain, the Institute for Music and Neurologic Function seeks to establish new knowledge and develop more effective therapies which awaken, stimulate and heal through the extraordinary power of music.*

# The Institute

## The Mission of the Institute

The Institute for Music and Neurologic Function, a nonprofit 501(c)(3) agency, was founded in 1995, on the idea that music has unique powers to heal, rehabilitate and inspire – and that we can use music to restore and improve our physical, emotional and neurological health. The Institute is dedicated to advancing scientific inquiry on music and the brain and to developing clinical treatments to benefit people of all ages.

The Institute developed out of many years of observations and clinical work at Beth Abraham. Oliver Sacks, MD, Concetta Tomaino, DA, MT-BC, LCAT, and others observed that many people with neurological problems could learn to move better, remember more, and even regain speech when music was used in specific ways. Often the effect of music

was instantaneous – like the awakening of a patient who was able to feed himself when a rock and roll song was played.

Dr. Tomaino recalls those early days: “As clinicians we asked, what is happening in the

brains of these individuals to make these responses possible? It became our passion, and our mission, to find and reach out to other physicians and scientists, and to use what we learned to improve the lives of patients and others. “

In 1995, under the leadership of Edwin H. Stern III, Arnold H. Goldstein, and the late Ben Rizzo, the Institute for Music and Neurologic Function was founded to pursue this passion, and this mission – to bring together the two worlds of basic neuroscience and clinical music therapy. In each successive year, we have increased our knowledge and ability to use music more effectively for a broader group of patients, and have contributed to the field of music therapy in neurological rehabilitation through our contributions to several newly released books:

*Neurorehabilitation Devices*, author, Thompson Sarkidie-Gyan (Mc Graw- Hill, publisher)

*Musiktherapie in der Neurorehabilitation – Internationale Konzepte, Forschung und Praxis (Music therapy in neurological rehabilitation – international concepts, research and practice)*, editor, Silke Jochims (Hippocampus

Verlag, publisher)

*Music Therapy Supervision*, editor, M. Forniash. (Japan: Ningen to Rekishi sha Ltd.)

*Techniques, Methods and Models in Music Therapy*, editor, H. J. Chong (Ed.), . Seoul, Korea: Hakjisa.

*Music Therapy at the End of Life*, editors, C. Dileo & J. Loewy (Jeffrey Books Cherry Hill, NJ).

Today music and cognition is one of the fastest growing areas of neuroscience research. Researchers across many disciplines are beginning to recognize its exciting potential to transform our lives – in everything from how we learn and develop, to how we can preserve health and wellness in old age. Recently, a study by Joyce Chen, Robert Zatorre ( 2002 MHP Honoree), and Virginia Penhume has scientifically shown – through brain imaging studies – how our brain synchronizes to musical rhythms even if we are not physically moving or tapping our feet to the music. And this is only one of many studies that continue to reveal the reasons why music is so powerful. In fact, the October 2006, issue of *Brain: A Journal of*

*Neurology* has several articles devoted to music and the brain including a featured article by Dr. Oliver Sacks entitled “The Power of Music. “

There is so much to know about the Institute and the best way of learning more is by observing first-hand, the way the Institute uses music to restore neurological function and improve the quality of life for people with neurological disabilities. Nowhere is this better demonstrated than in the Recording Studio Project that was launched by the Institute in 2004 and expanded in 2006. Because of the Institute, Beth Abraham has a fully equipped Recording Studio, the first of its kind in any nursing or rehabilitation facility. Disabled and elderly residents come to the Recording Studio for rehabilitation – for example to increase their range of movement or improve their coordination through music making. Just as important, they come to express their creativity, overcome anxiety or depression, and compose and



## *The Mission of the Institute*

record their own music. The Recording Studio provides powerful validation to all who believe in the restorative power of music making – from residents and staff in our skilled nursing facility to some of the most respected names in brain science and the music industry.

In April 2006 we celebrated the release of a new CD “Recording for Recovery” a compilation of original music written by our patients as a result of their work in the recording studio. Those who attended the festive event were moved by the performances of Beth Abraham residents who are “recording for recovery” and finding hope, and healing, in music.

What else do we need to know about the Institute? First, that the services provided at Beth Abraham are now being extended to the surrounding community. For example, the Recording Studio, which was established in our skilled nursing facility, has been extended, over the past year, to serve people in Beth Abraham’s Adult Day Health Care

(ADHC) Program, and in the Comprehensive Care Management (CCM) Program that operates in multiple sites in the Metropolitan New York area. Not only are people in the community beginning to take advantage of our music therapy programs; they will also soon have their own Recording Studio in which to work. The Institute, like Beth Abraham itself, is increasingly focused on providing services throughout the community.

Second, it is important to note that we continue to document the effects of our music therapy interventions. In the Recording Studio, and elsewhere, the Institute is developing methodologies to help us measure the outcomes of our work—to define, for example, what “recording for recovery” really means. In the Recording Studio, we use MIDI technology. It turns out that measurements on client movements (such as force and timing) can be derived from MIDI data, which is fed into a computer and recorded. The Institute plans to equip the Recording Studio with MIDI monitoring capabilities.

Once in place, this system will allow us to capture computer-based data on many physical functions, including strength, duration and time accuracy; that is, it will generate “numbers” to track progress in areas related to physical rehabilitation. This is only one example of the way the Institute will do outcomes research in the future.

The Institute’s clinical services and research focus on helping people with stroke, aphasia (loss of speech), movement disorders, Parkinson’s disease, multiple sclerosis, brain and spinal cord injury, Alzheimer’s and other dementias, depression, anxiety and other conditions requiring pain management and palliative care. The importance of the Institute’s clinical research was also recognized by the United States Administration on Aging, which provided a grant to support the Institute’s work on innovative music-based approaches to stroke and dementia care. The treatment approaches developed by the Institute have been recognized as best practices in the field, and serve as models for many other health care providers.

In March 2006, the Institute held a seminal conference, Dialogues across Disciplines II: Rhythm, The Brain, and Therapy. In recent months, members of the Institute staff have traveled the world, from Vienna to Tokyo, from Louisville to Orlando, to disseminate their findings, and dialogue with others in the field. In the coming year, Institute staff will continue to travel far and wide – giving presentations throughout the world, and expanding their research to new areas, including autism and related disorders that affect young people. This is an exciting time for the Institute, and for all of us who support the Institute, its work and mission.

# *Institute for Music and Neurologic Function*

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# *The Awards*

## *About the Music Has Power™ Awards*

The Music Has Power™ Awards is the signature event presented by the Institute for Music and Neurologic Function. The celebration symbolizes the visionary spirit of the Institute and its pioneering mission to combine science and music to promote healing and wellness.

The funds raised through this evening's event will support the Institute, a 501 (C) (3) not-for-profit organization. Specifically, the funds raised through the Music Has Power™ Awards support patient care, along with clinical and scientific research.

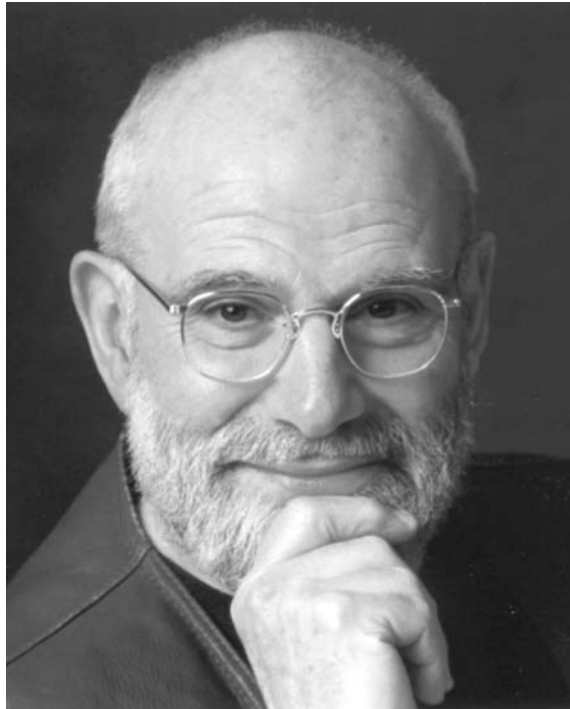
The Music Has Power™ Award has been exclusively designed for the Institute for Music and Neurologic Function. Recipients of the award reflect our mission to bring together the worlds of neuroscience and music; they include distinguished physicians and scientists, artists and performers and members of the music industry.

Tonight we celebrate the power of music, as expressed in the unique contributions of our Honoree, Dr. Oliver Sacks. It is with deep pleasure that we recognize his dedication and extraordinary commitment to the patients of Beth Abraham for the past 40 years.

## *Past Music Has Power™ Honorees*

- 2000 Oliver Sacks, M.D. – Distinguished neurologist, lecturer prolific author  
Michael Greene – Past President and CEO of The Recording Academy®
- 2002 Robert Zatorre, Ph.D. – Principal Investigator, Auditory Cognitive Neuroscience Laboratory, McGill University  
Matthew H.M. Lee, M.D. – Howard A. Rusk Professor of Rehabilitation Medicine, NYU School of Medicine, New York  
Joel Thome – GRAMMY® Award winning composer and conductor
- 2003 Mickey Hart – GRAMMY® Award winning percussionist, Drummer for the Grateful Dead  
Lorin Hollander – Renowned Concert Pianist and Conductor, Noted Lecturer  
Remo Belli – Founder and CEO, REMO, Inc., Advocate for Drumming and Wellness
- 2004 Karl T. Bruhn – President of Karl T. Bruhn Associates and music wellness advocate  
Moby – Multi-Platinum recording artist and board member, IMNF  
Concetta M. Tomaino, DA, MT-BC – Co-founder and Director, IMNF and Vice President of Music Therapy, BAFHS
- 2005 Arnold H. Goldstein  
Director Emeritus, Institute for Music and Neurologic Function; and Asst. Vice President of Corporate Relations at Beth Abraham Family of Health Services  
Henry Z. Steinway  
Past President and Chairman of Steinway & Sons; and Founding President of the Museum of Making Music

# Honoree



DR. OLIVER SACKS  
2006 Music Has Power™ Award

Renowned physician and writer Oliver Sacks has been called “the poet laureate of medicine “ by *The New York Times*. His influence on medicine and science stem from his deep-rooted interest in the resilience of human nature despite catastrophic illness. Dr. Sacks’ contributions have extended far beyond the medical arena and into the realms of ethics, philosophy and sociology, and they have served as the inspiration for artists working in forms as varied as poetry, essay, documentary, drama, painting, dance, cinema and fiction.

Born in London, England in 1933, Dr. Sacks earned his medical degree at Oxford University. In the early 1960s, he moved to the United States and completed an internship in San Francisco and a residency at UCLA. Since 1965, he has lived in New York, where he is a

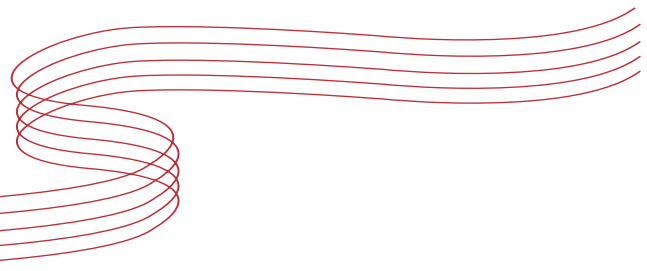
clinical professor of neurology at the Albert Einstein College of Medicine, adjunct professor of neurology at the NYU School of Medicine, and consultant neurologist to the Little Sisters of the Poor.

In 1966, Dr. Sacks began working as a consulting neurologist at Beth Abraham Hospital, a chronic care facility in the Bronx. It was here that Dr. Sacks first encountered an extraordinary group of patients, many of whom had spent decades in strange, frozen states, unable to initiate movement due to the devastating effects of encephalitis lethargica. Nicknamed the “sleepy sickness, “ the global epidemic swept the world from 1916 to 1927 and affected nearly five million people. In 1969, Dr. Sacks brought the Beth Abraham post-encephalitics together, and began treating them with the then-experimental drug, L-dopa, which enabled many of the patients to “awaken “ from their frozen states.

Dr. Sacks described the effects of this in his second book, *Awakenings* (1973), which later inspired a play by Harold Pinter ( “A Kind of Alaska “) and the Oscar-nominated Hollywood movie, “Awakenings, “ for which Dr. Sacks was the inspiration for Robin Williams’ character.

Dr. Sacks is perhaps best known for his 1985 collection of case histories from the far borderlands of neurological experience, *The Man Who Mistook His Wife for a Hat*, in which he describes patients struggling to live with conditions ranging from Tourette’s Syndrome to autism, parkinsonism, musical hallucination, phantom limb syndrome, schizophrenia, retardation and Alzheimer’s disease.

In 1989, Dr. Sacks received a Guggenheim Fellowship for his work on what he calls the “neuroanthropology “ of Tourette’s syndrome, a condition marked by involuntary tics and utterances, and how its symptoms can be perceived differently in different cultures.



His nine books, which also include *Migraine* (1970), *A Leg to Stand On* (1984), *Seeing Voices: A Journey into the World of the Deaf* (1990), *An Anthropologist on Mars* (1995), and *The Island of the Colorblind* (1996), have received numerous awards and have been translated into over two dozen languages. His most recent books are *Oaxaca Journal* (2002) and *Uncle Tungsten: Memories of a Chemical Boyhood* (2001), and he is currently writing a book about music and the brain.

A regular contributor to *The New Yorker* and *The New York Review of Books*, as well as many medical journals, Dr. Sacks is an honorary fellow of the American Academy of Arts and Letters, the American Academy of Arts and Sciences, the New York Academy of Sciences, and Queen's College, Oxford. In 2002 he was awarded Rockefeller University's Lewis Thomas Prize by, which recognizes the scientist as poet.

Dr. Sacks has been awarded honorary doctorates by Georgetown University, Tufts University, the College of Staten Island, New York Medical College, the Medical College of Pennsylvania, Bard College, Queen's University (Ontario), Queen's College (Oxford), Gallaudet University and the Karolinska Institute in Stockholm.

Dr. Sack's work at Beth Abraham provided the foundation on which the Institute for Music and Neurologic Function was built. The Institute is pleased to honor Dr. Sacks for his invaluable contributions towards advancing knowledge of the power of music to awaken and heal, and for his untiring dedication to the patients of Beth Abraham for the past 40 years.

# History of the Institute

Highlights from the first 10 years of the Institute for Music and Neurologic Function:

## Prologue

### 1991

Sacks and Tomaino publish:  
 • "Music and Neurological Disorder "



### 1992

The work of Tomaino and Sacks featured on national network TV "48 Hours "

### 1993

Beth Abraham Health Services hosts first international conference "Clinical Applications of Music in Neurologic Rehabilitation. " and announces plan to create an institute dedicated to exploring music and the brain.

Tomaino publishes:  
 • "Music and the Limbic system. "\*"   
 • "Music and music therapy for the frail non-institutionalized elderly "\*"

### 1994

Collaboration with the neuroscience division of the Albert Einstein

College of Medicine, with funding from Wallerstein Foundation for Geriatric Life Improvement, funds investigations in the areas of the music and neurophysiology, verbal memory, and recovery of function in the auditory system.

NYSDOH Dementia Grant Program, funds IMNF to research the effects of music on memory in persons with dementia.

## First Decade

### 1995

IMNF is formally incorporated under the leadership of Stern, Goldstein and Rizzi.



Edward H. Stern III



Arnold H. Goldstein



Benedict J. Rizzi

"60 Minutes " and other national media highlight the Institute's research and clinical work.



Dr. Oliver Sacks

IMNF receives NYSDOH Grant for "Effects of a Music Therapy Intervention on the Levels of Depression, Anxiety/Agitation, and Quality of Life Experienced by Individuals Diagnosed with Early and Middle Stage Dementias: A Controlled Study. "

Haym Salomon Geriatric Foundation funds research on the effects of music therapy in people with dysarthria.

### 1996

David Ramsey and Benedikte Scheiby, leaders in the emerging field of music therapy, join the Beth Abraham Music Therapy Department



David Ramsey



Benedikte Scheiby

# History of the Institute

Highlights from the first 10 years of the Institute for Music and Neurologic Function:

Clinical training program expands to include student interns from Barcelona, Spain; Aalborg, Denmark; and Berlin, Germany. IMNF also holds a one-day course for 15 visiting students from the Ewha Woman's University in Korea.

## 1997

Scheuer Family Foundation funds music therapy group programs for persons with dementia.

## 1998

Scheuer Family Foundation funds demonstration project on the efficacy of using MIDI equipment to reinforce OT goals. This is the genesis of the Music Has Power recording studio project.

Tomaino publishes:

- "Music on their Minds: A Qualitative Study of the Effects of Using Familiar Music To Stimulate Preserved Memory Function in Persons with Dementia"\*
- "Music and Memory"\*
- "Clinical Applications of Music in Neurologic Rehabilitation"\*

Scheiby publishes:

- "Listen to the music of the unconscious: Using countertransference as a compass in Analytical Music Therapy"\*
- "The role of musical countertransference in Analytical Music Therapy"\*

## 1999

Pioneering music therapy programs for Pain Management and Palliative Care begin.

Young resident's program established with specialized programs including therapeutic song writing and recording.

New sound systems installed on all resident units to promote environmental music programs.

Joint music therapy and occupational therapy program breaks new ground by facilitating motor skill reacquisition through MIDI triggers in conjunction with music/rhythm cueing techniques

Tomaino is keynote speaker at the New York State Association for the Education of Young Children on "Music and Learning." Increasingly, IMNF addresses the needs of people across the lifespan.

Tomaino, Ramsey and Scheiby publish individual chapters in Maranto (Ed.) Music Therapy and Medicine: Theoretical and Clinical Applications.

Ramsey publishes:

- "Adaptive MIDI Technology in Service of Occupational Therapy."\*

Scheiby publishes:

- "Music as symbolic expression: An introduction to analytical music therapy."\*
- "Transferencia e contratransferencia musicais."\*

## 2000

IMNF launches first Music Has Power Awards benefit in New York City.

Wallerstein Foundation for Geriatric Life Improvement funds clinical research "Music Therapy with Handicapped Adults"

Tomaino publishes:

- "Working with images and Recollection with Elderly Patients"\*
- "Using music therapy with persons with Parkinson's Disease"\*

Ramsey publishes:

- "Restoration of Essential Human Experiences Through Implementation of Adaptive MIDI Technology"\*

## 2001

IMNF expands staff to become one of the largest, most advanced music therapy programs of any nursing or rehabilitation facility in the nation.

IMNF creates music based education module for the Woree School in Korea, with funding from the Clay Foundation.

Therapeutic Drumming workshops presented at NYSDOH Dementia conferences in Albany.

Tomaino presents "Music Therapy in Neurologic Rehabilitation and Music/Brain Research" at the Berklee School of Music in Boston; "Coping with Pain and Suffering: Music Therapy in Integrative Medicine," at

## 2001 continued

Memorial Sloan Kettering in NYC; Music Therapy in Epilepsy at Complementary and Alternative Therapies Conference at NYU Medical Center.

Tomaino publishes:

- "Using Music Therapy with Persons with Parkinson's Disease."\*
- "Working with Images and Recollection with Elderly Patients."\*

Scheiby publishes:

- "Forming an identity as a music psychotherapist through analytical music therapy supervision."\*

## 2002

Scientific Advisory Board expands to include nine experts in the fields of music perception, neurology, music psychology, neuroscience and medicine.

IMNF holds international symposium, "Dialogues Across Disciplines: Cognitive Neuroscience and Music Processing in Human Function," attended by a wide cross-section of disciplines from the US, Canada, the UK and Japan.

US Administration on Aging awards \$493,000 for "Innovative Music/Neurologic Approaches to Improve Quality and Effectiveness in Stroke and Dementia Care."

Tomaino publishes:

- "How Music Can Reach the Silenced Brain"\*
- "Singing Vs. Language in Persons with Non-Fluent Aphasia"\*

- "The Role of Music in the Rehabilitation of Persons with Neurologic Diseases"\*

Tomaino presents at World Conference of Music Therapy, Oxford, England; and Neuroscience of Music Conference in Venice, Italy

Ramsey publishes:

- "The restoration of communal experience during the group music therapy process with non-fluent aphasic patients"\*

Scheiby publishes:

- "Caring for the caregivers: Trauma, improvised music and transformation of terror into meaning through community music therapy training"\*
- "Improvisation as a musical healing tool and life approach – theoretical and clinical applications of analytical music therapy (AMT) in a short and long term rehabilitation facility"\*

## 2003

The third annual Music Has Power Awards benefit held at Lincoln Center

Scheiby publishes:

- "An intersubjective approach to music therapy: identification and management of musical countertransference in a music psychotherapeutic context."\*
- "Musikpsykoterapi i en medicinsk behandlingskontekst: Model og case eksempel"\*

## 2004

IMNF receives a grant from the United Hospital Fund to create a series of videos to enable CNAs and recreational therapists to deliver therapeutic music based programs to people with Alzheimer's and dementia.

IMNF receives a Christopher Reeve Paralysis Foundation Quality of Life Grant in support of its Music Has Power recording studio rehabilitation program for disabled residents

The fourth annual Music Has Power Awards held at the new Jazz at Lincoln Center.

Scheiby publishes:

- "A family/caregivers music therapy group approach"\*

## 2005

NYSDOH funds IMNF to develop Therapeutic Drumming outreach and training programs.

With staff of the Montefiore Children's Hospital plan music therapy programs for Neonatal intensive care unit at Weiler Hospital.

Tomaino joins faculty of Allied Team Training Program for the National Parkinson's Foundation.

Tomaino and Ramsey present at World Music Therapy Congress in Brisbane, Australia.

\*complete listings of publications and sources can be found on [www.musichaspower.org](http://www.musichaspower.org)

# History of the Institute

Highlights from the first 10 years of the Institute for Music and Neurologic Function:

## 2006

IMNF Staff present at conferences locally and around the world:

- Tomaino presents on “Beyond the Mozart Effect: What we know now about music and learning “ – New Jersey
- Kim presents on “Play and Creativity “ – New York
- Kim presents on “anxiety in Substance Abuse – New York
- Tomaino presents on – “The Power of Music and Parkinson’s Disease “
- World Parkinson Congress – Washington, D.C.
- Scheiby gives workshop on Analytical Music Therapy – New York
- Tomaino presents on Music Therapy in Parkinson’s Care – Cleveland, Ohio
- Ramsey presents “the Restoration of Essential Human Experiences during Music Making “ and Musically Assisted Speech “ – Kentucky
- Ramsey presents on “Technology in Music Therapy “ – Massachusetts
- Ramsey presents “the Restoration of Essential Human Experiences during Music Making “
- Scheiby presents “Introduction to Analytical Music Therapy “ – NYU, New York

- Tomaino presents Brainwave Entrainment to External Rhythmic Stimuli: Interdisciplinary Research and Clinical Perspectives – Stanford U. California
- Scheiby presents Medical Music Therapy in Practice and Theory – U. of Hong Kong, Medical Department:
- Scheiby gives Keynote speech at Holistic Arts Therapies Symposium: “The Sounding Self: Analytical Music Therapy in a Medical Context “ U. of Hong Kong
- Tomaino presents on “Music and Aphasia “ – Boston, Mass
- Tomaino gives Keynote on “ Music Therapy in Neurorehabilitation – Vienna, Austria
- Kim presents on “Music therapy in Intervention of Domestic Violence “ – New York
- Scheiby presents “The Sounding Self – Analytical Music Therapy and The Emotional Brain “ – Tokyo, Japan
- Scheiby lectures at Beth Israel Medical Center, Music Therapy Program: The Music Therapy in a Medical Context Internship Training Program

IMNF staff publish in textbooks and periodicals in USA, Germany and Asia

IMNF sponsored conference – Dialogues Across Disciplines II: Rhythm, the brain, and therapy, brings music therapists, physicians and neuroscientist together in New York

IMNF sponsors a Community Drum Circle, Led by legendary drummer Mickey Hart – Bronx, New York

IMNF holds CD release party for Recording For Recovery



## Tonight's Host

### Rafael Pi Roman

A native of Cuba, Rafael Pi Roman came to the United States in 1961. He received

his Bachelor’s Degree in English from Florida State University in 1975 and his Master’s Degree in International Affairs, specializing in Latin American Studies, in 1977, also from Florida State University.

After working as a television news cameraman in Tallahassee and Jacksonville, Florida, Mr. Pi Roman moved to New York City in 1979 to attend the NYU Graduate Film School. A summer job as a union organizer for RWDSU (Retail, Wholesale, Department Store Union), local 29, became a permanent job after his first union campaign.

In November 1980, Mr. Pi Roman became a Business Agent for NABET 15, the freelance film and television workers local of The National Association of Broadcast Employees and Technicians. (NABET 15 was a “local “ whose jurisdiction included the entire country except Los Angeles.)

Mr. Pi Roman became the head of NABET 15 in 1985, a position he held until 1989 when he left the union to become the host of “Visiones “, WNBC-TV’s public affairs program directed at the Latino population of New York City and the tri-state area.

In 1991, Mr. Pi Roman became Producer as well as host of “Visiones “ and in 1992, he moved to Thirteen/WNET, Public Television’s flagship station, where he anchored the station’s nightly news. In the fall of 1992, Mr. Pi Roman wrote and

hosted “Nuestra Moda “ a national prime time special profiling the great Hispanic fashion designers for the Univision Spanish television network.

From 1993 to 1996, Mr. Pi Roman was the host and Managing Editor of “Inside New Jersey “ and “New Jersey People “, two WNET news and public affairs programs. In 1997 he became WNET’s prime-time host and also the Executive Producer and co-host of “Inside Trenton “, another WNET news and public affairs program. In 2001 Mr. Pi Roman became the host and senior editor of Thirteen’s prime time Emmy award winning program “New York Voices “.

Throughout his tenure at WNET, Mr. Pi Roman has hosted or hosted/produced numerous public affairs and political news specials. In 1999, he won an Emmy for “The City “, a three part special which covered all aspects of the 1997 New York City mayoral race. Mr. Pi Roman was the Executive Producer, writer and host of “The City “.

Mr. Pi Roman has also been honored for his television work by the Hispanic Academy of Media Arts and Sciences as well as by the Latino Coalition for a Fair Media.

Mr. Pi Roman is a Trustee of the Queens Borough Library and serves on the Boards of the Cuban Cultural Center and the Latino Gerontological Center.

In 2005 Mr. Pi Roman was named one of the twenty five most distinguished Hispanic men in New York by the city’s premier Hispanic newspaper El Diario/La Prensa.

## *Tonight's Special Performers*

### *Juanita Hill*

A patient at Beth Abraham Health Services since 2003, Juanita's daily life was less than perfect. In addition to suffering from diabetes, Juanita's chronic medical conditions included two strokes, asthma, heart disease, and depression. A self-described loner, Juanita usually found herself at odds with other residents and staff. She often turned to cigarettes as a means of dealing with her frustrations. When Juanita's asthma worsened and she developed respiratory problems as a result of smoking, a fellow resident encouraged her to attend a music therapy session.

In 2005, Juanita began working with music psychotherapist Benedikte Scheiby, Assistant Director of Music Therapy at Beth Abraham Health Services. Benedikte's initial goals included assisting Juanita in controlling her anger issues through relaxation exercises, addressing the causes of her depression, and facilitating a better breathing function by means of smoking cessation. "Music Therapy was only supposed to be an experiment," recalls Juanita, "I was just trying to find a better way to deal with my problems. But it did more than that - it helped me to quit smoking and changed my life."

As part of her therapy, Juanita was encouraged to express her thoughts and feelings through poetry, an activity which she enjoyed since

childhood. Writing poems about her recovery process, Juanita was able to express the feelings that she had pent up for so many years. Through music therapeutic song writing, Juanita has been able to use her poetry as the foundation for many of her original compositions, including "A Change Has Come."

Since working with Benedikte, Juanita has experienced significant improvement in many areas of her life. She has noticed a remarkable improvement in her breathing function, and has learned new ways of dealing with stress and anger management. In addition to controlling her diabetes, Juanita also sees an improvement in her ability to express herself, and notes that she often feels more optimistic in dealing with her medical conditions.

Juanita continues to improve at Beth Abraham each day. She was recently voted as the President of the Resident Council and often finds herself acting as a peer mediator for other residents in the facility. Juanita has been so inspired by her change that she is even considering completing the college degree that she began years ago. "With music therapy, I have the courage to do things I didn't think were possible, and the ability to believe in myself again," says Juanita.

## *Special Performers* continued

### *Carey Gordon*

Born in Jamaica, Carey Gordon and his family moved to New York when he was eleven years old. Carey has always loved cooking and soon after high school, he entered Culinary Training at the New York Restaurant School, and became a chef. He worked several jobs as a chef until the headaches and seizures that he had been experiencing for many years became unbearable.

A neurological examination discovered malformations in his left frontal hemisphere. An operation was performed, but side effects from the resection left him with severe speech, motor control and memory impairment. He came to Beth Abraham's Adult Day Health Care Program in 2004 where he entered Occupational Therapy, Physical Therapy and Speech Therapy in order to improve these functions.

One day while at the Adult Day Health Care Program, a fellow registrant overheard Carey singing and asked him to collaborate on a song he was working on in the Music Therapy Studio. Carey agreed and was immediately drawn to the piano there. He quickly rediscovered his love and aptitude for music. Carey began working with David Ramsey, Assistant Director of Music Therapy at Beth Abraham Family of Health Services. "Working with David opened up a rather large door of opportunity into the world of music," said Carey, "and I stepped through it."

Playing the piano quickly became not only a way to exercise fine motor skills and memory deficits that were impaired due to his neurologic damage, but to re-connect with his latent love of making music. "Music makes me move, and moving is key to getting better," says Carey.

Since starting music therapy, Carey has learned music theory, piano technique and the joys of composing his own music. He practices regularly now that he owns his own piano and claims that the piano keyboard has opened up one of the most beautiful adventures of his life.

With assistance from the social work staff at Beth Abraham's Adult Day Health Care Program, Carey recently entered a vocational rehabilitation program that will retrain and place him back in the kitchen as a chef. "I hope and pray that I can get back to doing what I love to do: making excellent meals, making people smile as they go through their day - and singing my way through it all."